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Which step did you take?

The step I have already taken and will continue to take is that **“I streamline my wardrobe”**.

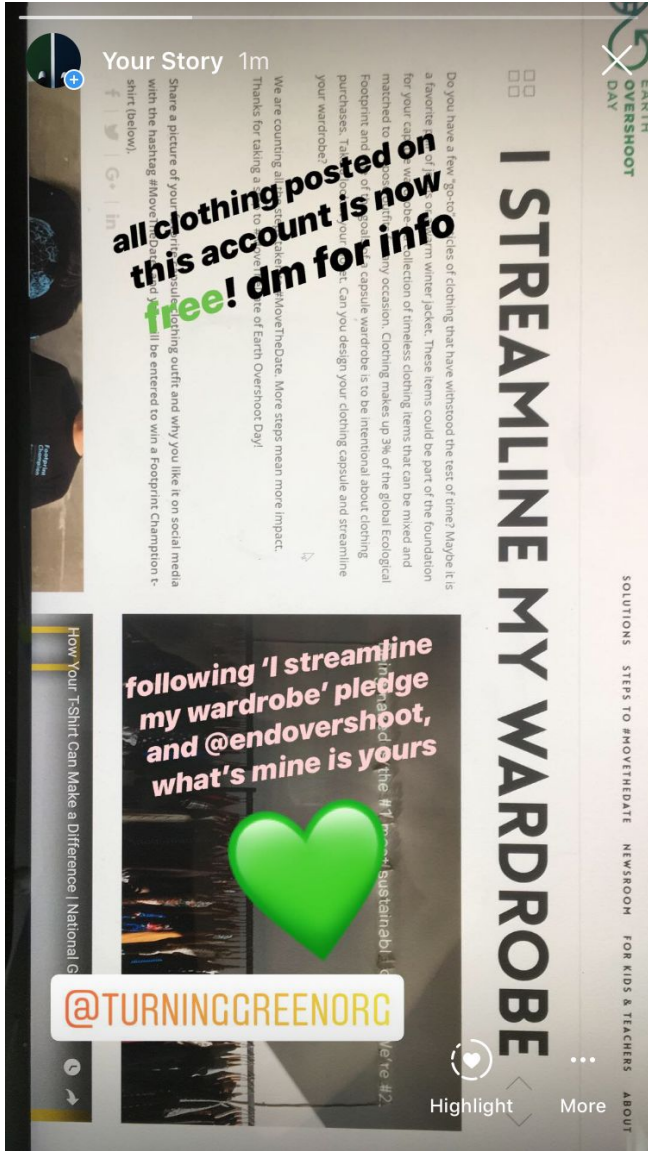
What is your plan to follow through with that step?

My plan is to be more mindful about the clothing I buy. Not only will I be more intentional when I shop by buying pieces of clothing that may be a little more expensive but will last me and is basic but I want to be mindful about what the piece of clothing is made of as well. Polyester, lycra, and nylon take many years to biodegrade. Cotton on the other hand is better. Being able to choose materials that are more easily recycled and used again will ultimately benefit my carbon footprint. Also textiles are usually able to be recycled and repurposed as washcloths, cleaning rags or donated to those less fortunate.

Buying less clothes will be my main priority. Less clothes mean less energy and resources needed to be put into producing that one article of clothing and to recycle it. Plus, I get to defy the norm where fast fashion industries profit off of trends changing rapidly.

Show us evidence of your first step in following through with your pledge (e.g. photo or video)

I began to clean out my wardrobe this summer and started this instagram account to sell my old clothes. Someone would make use out of them if not myself. The rest of the clothes that I didn't think kept up with society's modern standards were donated to my distant relatives and extended family in the countryside to prep for the winter. This is my IG:



all clothing posted on this account is now free! dm for info

