

Project Green Challenge Greener



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High School

24 Hours Collecting The Trash I Accumulated



Over these 24 hours, I collected a small sandwich bag filled with scraps of paper, and other bits of waste throughout the day. The majority was recyclable, despite the cough drop wrappers and the candy bar wrapper. Lastly, I collected a ribbon that came with a new shirt I had purchased along with the tag. I decided to categorize it in a reusable pile because I could easily repurpose it, rather than just dispose of it.

My Experience

Within these 24 hours, I carried a sandwich bag filled with pieces of trash I collected all day everywhere I went. I got plenty of weird looks and people looked very confused as to why I was just casually carrying it around with me. I had my good friend Rebecca come up to me first, and she just asked me, “Cvetanka why in the world are you carrying that?”. I responded by telling her about this zero waste challenge, and she was actually very supportive. She offered to join me and to help raise awareness to the excessive amounts of waste we as students produce on a daily basis. The second conversation that came up about my bag of waste was with my Spanish teacher. She saw me walk into the classroom, and she was telling me that lunch was over & I had to go throw that bag in the garbage. I explained to her that I was participating in this challenge, and that I was trying to bring attention to this issue so she just apologized for getting in the way of my work, and said that she’d love to hear more about it once it was over.

Social Media Post

AT&T 4:21 PM 40%

Sabira Cveta Ahmic added 2 new photos. 1 min

Hi everybody! It's Cvetanka! Today is the 4th day of #PGC2018! The theme of today's challenge is the sequel to zero waste. For today's challenge, during the past 24 hours, I carried a sandwich bag filled with the trash I accumulated, everywhere I went. This is a picture of all of my trash, and it's sorted into piles of recyclables, non-recyclables, as well as reusables.

In order to reduce the amount of waste I produce, I'm going to use more items with biodegradable packaging, and I'm going to continue to eat more homemade & organic/local meals. This way, I will be eating more mindfully and sustainably.

Turning Green

I also added an infographic that I thought was very beneficial, and informative regarding waste issues.

Write a comment

Sabira's Post

...regarding waste issues.

https://thumbnails-visually.netdna-ssl.com/waste-removal--recycling_532ea88e56007_w1500.jpg



The infographic includes the following text:

- Waste Removal Recycling**
- IT TAKES THE SAME AMOUNT OF ENERGY TO MAKE NEW CAR AS DOES TO MAKE... RECYCLES CAR
- RECYCLABLE FARM Y THROWS AWAY TREES WORTH OF PAPER
- THE MOST COMMON TYPES OF WASTE
- TON OF PAPER RECYCLED SAVES
- IF ALL OF OUR NEWSPAPERS W RECYCLED WE COULD SAVE AN ADDITIONAL 250 MILLION TREES EACH YEAR
- ON THE UNITED STATES, WASTE IS PRODUCED AT A RATE OF 4.5 POUNDS PER PERSON PER YEAR
- 8 MILLION TONS OF WASTE MATERIAL RECYCLED ANNY FROM LANDFILLS IN 2005 AS A RESULT OF RECYCLING AND COMPOSTING

Reusable

Non-Recyclable

Recyclable

Write a comment

Evaluation

The two items I chose that I want to prevent from ending up in my waste again are:

The cough drop wrappers & the candy bar wrapper; although all of the other items should be prevented from ending up in the landfill as well.

I should find home remedies for my sore throat using ingredients I can easily find in the bulk section of the grocery store. This way, I don't create any unnecessary waste, whilst keeping myself healthy. I can also find much healthier options to snack on rather than a candy bar. These healthier options are commonly associated with more eco-friendly packaging, or even no packaging at all. This is a major benefit that comes with a zero waste lifestyle.