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Day 8 Greener

Conscious College Shopping On a Budget

My biggest takeaway from this blog is that the jars that I use and often throw out can easily be used as motivation to go to whole foods and buy products in bulk or as much as I want so the food wouldn't be wasted.



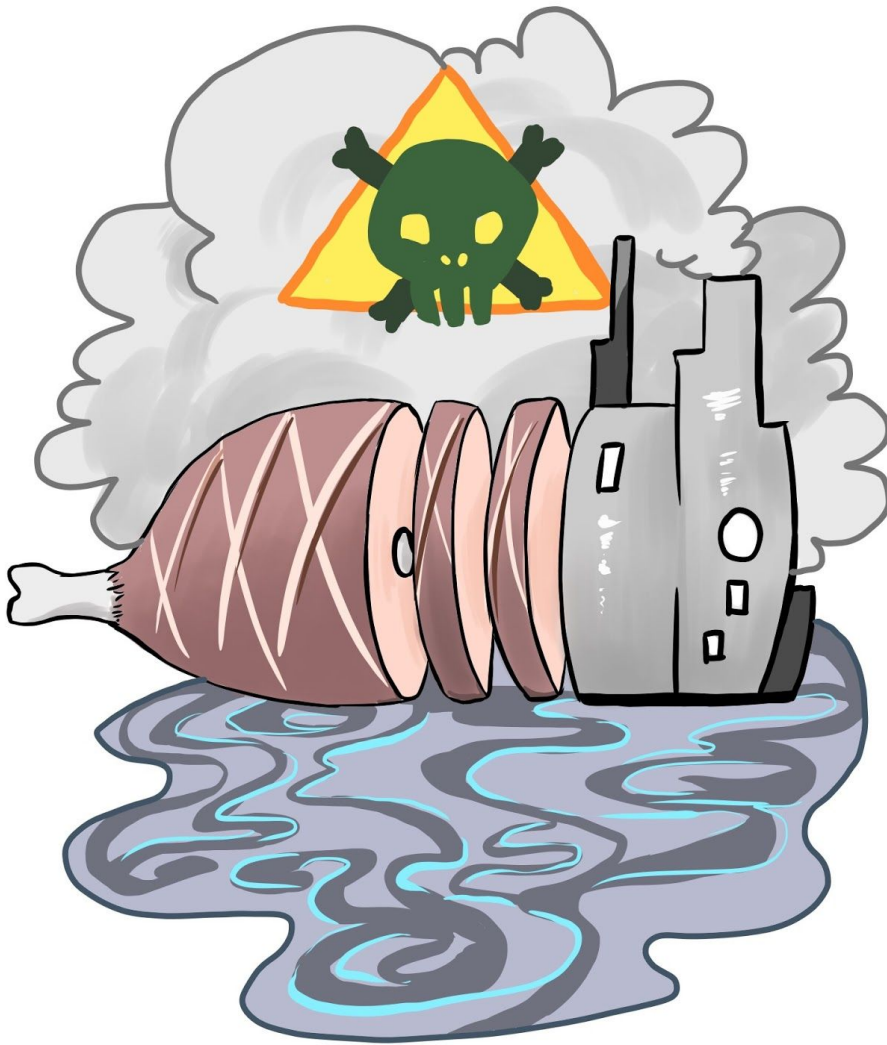
EWG's Meat Eater's Guide to Climate Change & Health

My biggest takeaway from this article was that buying organic meat is both better for the person consuming the meat but also the environment. The naturally fed, organic animals produce better meat and dairy products.



Friends of the Earth Guide to Animal Agriculture

My biggest takeaway from this article is that the production of animals raised in animal factories uses up the water supply and creates pollutes both water and air.



Center for Food Safety's Seven Food Resolutions

My biggest takeaway from this article is to learn how to reuse food scraps and try not to throw away food that could be eaten or cooked with other meals.

