

"Elevators"



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I combined my reflections from all the articles into this “political cartoon”.

On the right, there is the ‘up’ elevator. That signifies what we need to do more in our life. We need to eat local, engage with farmers, pick from the ‘clean 15’ if we don’t buy organic, and increase our grain and bean consumption.

On the left, there is the ‘down’ elevator. This signifies what we need to do less. We need to lessen our support for agro-industry lobbyists, we need to stop allowing pesticides and toxins in our food. We need to eat less meat, and not purchase non-organic produce from the ‘dirty dozen’ list.