



THE PLANETEERS

**DAY 14**  
**GREENER**  
**ADVENTURE**

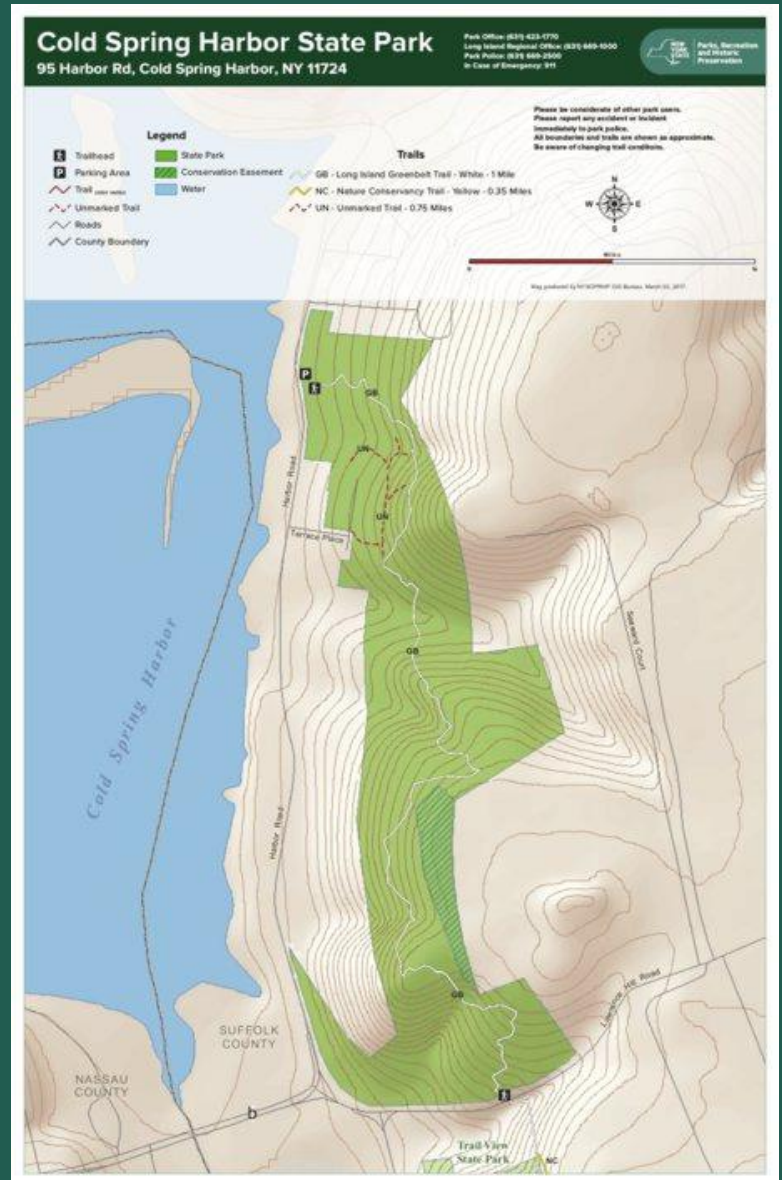
sandr

rachellelee02@gmail.com

Jericho High School

# OUR PLAN

We chose to go to Cold Spring Harbor State Park. This is a state park on the northern shore of Long Island and comprises of 40 acres of forest.



# WHAT TO BRING

**Snacks:** We decided to carry organic gala apples (which happens to be in season in NY!), homemade trail mix, and water that we keep in a Klean Kanteen Water bottle.

Klean Kanteen is an amazing company because they are BPA-free, reusable, and take the place of single-use plastic water bottles. Additionally, we wanted to make sure to not to overpack that way we could travel light on our adventure! This way, nothing can weigh us down! In order to carry this, we can use a Numi Organic Tea Hand Bag! This tote bag is made from 100% recyclable and biodegradable material!



# WHAT TO BRING

**Clothes:** We decided to wear old winter clothing as it will be very chilly today. We made sure they were from brands that promoted fair trade, eco-friendly, and ethical.

**Transportation:** In order to arrive at Cold Spring Harbor State to begin our adventure, we first have to get there! In order to decrease carbon emissions, we can take public transportation, such as a bus! This is far better than driving ourselves there. If it was warmer, we could even ride our bikes there.



# WHAT TO BRING

**Activities:** In order to ensure that we are having a sustainable adventure, we can do activities that have a low carbon impact on the environment! For example, we can go sailing or hiking in the multiple trails they have at Cold Spring Harbor

**Now that we are  
ready, we can't  
wait!**



# INFOGRAPHIC

