

Project Green Challenge

Extra Credit



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My Infographic - Organic Cotton in Feminine Hygiene Products

... Organic Cotton ...
In Feminine Hygiene

FACTS:

- ✓ Certified organic cotton is best!
- A study by the FDA office of women's health states that they've found detectible levels of dioxins in 7 brands of feminine hygiene products!
- Organic cotton is beneficial to the environment & to farmers/consumers. It supports those who grow the crop (many whom are women!), & it practices sustainable agriculture!
- The FDA doesn't require companies to test for harmful chemicals in feminine hygiene products, therefore causing many health issues.
- These toxins can cause infertility, birth defects, & the disruption of the endocrine system.

What To Avoid...

- * Chlorine
- * Bleached products
- * Artificial Fragrance

Developmental, neurological, & behavioral TOXINS

Environmental Risk

Cellulose Fluff Pulp (in those female care products)

Deforestation

Choose organic cotton to avoid unnecessary exposure to pesticides & other potentially toxic residues! Pesticidas are carcinogens!

Social Media Post

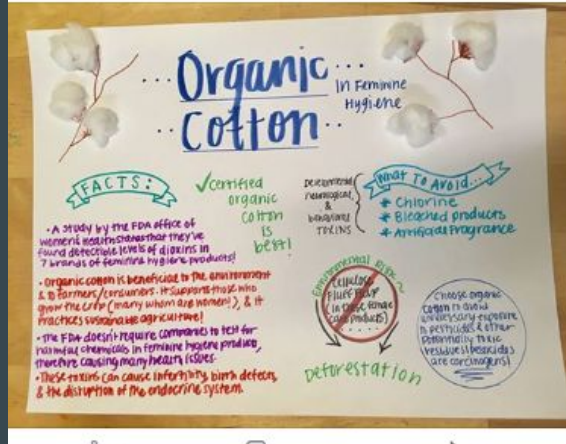


Sabira Cveta Ahmic

Just now · 🌱 · 📍

Hi again everyone! For the extra credit portion of #PGC2018, I focused on the importance of organic cotton in feminine hygiene products. It's crazy that the FDA doesn't regulate what chemicals go into these products, and so women are exposed to unnecessary pesticides, and solvents that are all considered to be carcinogens. Not to mention the production of conventional cotton is a huge contributing factor to deforestation, as well as pollution, unlike organic cotton farming. Many women are dependent on organic cotton farming to receive income especially for education. It's a much more environmentally conscious, and healthy alternative. Organic cotton is especially important regarding feminine hygiene products, because women shouldn't be exposed to endocrine disruptors, or behavioral and neurological toxins. Turning Green Natracare @MadeSafeHQ Women's Voices Now

Here is an infographic I made explaining the significance of organic cotton in female care products in a alternative way.



Sources

- <http://www.natracare.com/why-natracare/certified-organic/>