



**DAY 21
GREENEST
ECONOMICS
THE
PLANETEERS**

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UNCONVENTIONAL BUDGET

This is my weekly budget currently. I am appalled that I spend so much.

ITEM	DESCRIPTION	COST
Food	for school lunches, breakfast, takeout, snacks, coffee, and dinner	\$100
Body Products	for washing, cream, makeup, and more	\$20
Water	for buying single-use plastic water bottles and taking long showers.	\$15
Utility	After consulting with our parents, we found out that we pay \$140 every week for utility! It's also starting to get cold and, days are getting shorter, so we are using our heaters and turning our lights on much longer, which costs us even more money.	\$140
Clothes	Every time we see some clothes we want or our old clothes tear, we buy new clothes	\$50

Total per week:
\$325

ALTERNATIVE CONSCIOUS BUDGET

After making some changes to what I do currently, this is what I would spend each week.

ITEM	DESCRIPTION	COST
Food	We can start packing our own lunches instead of buying at school. This allows us the chance to make the food we eat healthy, organic, and fresh since we made it ourselves! We can even make sure our ingredients are FLOSN! We can also make larger meals to last us several days to help limit food waste. We only cook again when everything is finished.	\$75
Body Products	Instead of relying on expensive store bought creams and shampoos, we can make it ourselves! This is beneficial to us because not only do we not have to be suspicious of what's in our products, but we can also have fun making it!	\$5
Water	We can start using reusable bottles and refill it using water fountains to lessen a number of plastic bottles we are using and at the same time, not pollute the earth. We can also start taking shorter showers to decrease the amount of water we use.	\$5
Utility	We can install better insulators to keep in the heat and use solar powered lights to lower our utility cost. We would also be using alternative energy instead of harmful fossil fuels. Furthermore, we can just layer up clothes to battle the cold.	\$100
Clothes	We can wear old clothes that can still be used. Another great way to save money is by buying second-hand clothes at thrift shops! Finally, holding myself back from impulse clothes shopping would lower the amount of money I spend.	\$25

Total per week:
\$210

\$5980

**TOTAL AMOUNT OF MONEY SAVED
A YEAR**

By switching over to a budget that is more conscious about the environment and our health, we save \$110 a week, which adds up to nearly \$6000 a year!

35%

**PERCENT DECREASE IN THE
AMOUNT WE SPEND**

By switching over, we spend 35% less money than before. That adds up to be a lot of money!

BENEFITS

By consuming less stuff and thinking with this mindset, we gain so many benefits!

- We can save money and have more control over what we spend on!
- Reflect on the conventional products we use every day and how to make important changes in our lives
- Feel organized and good about yourself for saving money!
- Investing in high-quality products that can last a lifetime and that are good for the environment and the consumer. This can limit waste, which is so important.
- Stops you from making rash decisions and leads to a more careful analysis of what it is that you really need.
- We can transform our economy by simply be making smart, informed decisions when purchasing products.
- You can help save the environment by choosing to support companies that are conscious about it.
- You gain the ability to control what gets into your body and can be more healthy!