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Leading a Minimalist Life...



My life these past few weeks has been insane! I haven't been able to keep up with the school work, putting my clothes away, college applications, and Project Green Challenge. That's why my room looks like the image above. Fortunately today I had the opportunity to clean out my room a bit thanks to the Greenest challenge for today! Looking through all of my stuff, I'm realizing just how my life is being controlled by possessions. For the past few years though I actually have been dedicating myself to buy less and experience more. I have always told my friends that for their birthdays I would pay for us to do something together, because gaining

“Happiness resides not in possessions, and not in gold, happiness dwells in the soul.”

-Democritus



more possessions that we don't need is often times pointless. I don't want to get a gift to end up throwing it away. That's why I think it's really important that I throw out what I don't use. In this case, you can see here that the above two photos and the one from the last page were images of all the stuff covering my floor. I feel ashamed of how much I have and have taken the liberty of organizing some of it. After several hours I organized it into the bags that you see in the bottom two photos. The left photo shows the 4 bags of donations I have to give. On the right is my two bags of recycle and my 1 bag of garbage, so of it containing cosmetics that I need to properly dispose of. I made it easy for myself though and organized my things into these categories and found that I feel so much more relieved getting rid of all these things I haven't used in so long. I still need to continue to do this with a lot of things I have and I still have a significant amount of clothes but I'm the kind of person who will hold on to something till it doesn't work anymore. Most things I buy I usually dedicate to a long period of use time. I will continue with this in the next few weeks as I still need to get rid of so much more. I just want to thank Turning Green though for allowing me to dedicate some time to do this.