



# Decluttering My Closet

Green Goddess

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# Clearing the Clothes Out of My Closet

- ❖ I'm going to be honest, I didn't realize how many clothes I had until I pulled them all out of my closet and put them in a massive pile on my floor
- ❖ It covered a large part of my room and I knew that I needed to declutter my clothes majorly



# Sorting My Clothes by Type



- ❖ Then, following the minimalism plan, I sorted my clothes into different categories
- ❖ I split them into T-shirts, blouses, dresses, shorts, skirts, pants, and jackets before deciding what to keep and what to declutter

# How I Decluttered

- ❖ I went through each individual piece of clothing and asked myself three questions
  - Have I worn this in the last few months?
  - Will I wear it again in the next few months?
  - Why am I keeping this and does it make me happy?
- ❖ If I answered no to any of the first two questions or had any doubts about the third, the item went in the declutter pile



# Why Decluttering was Hard for Me

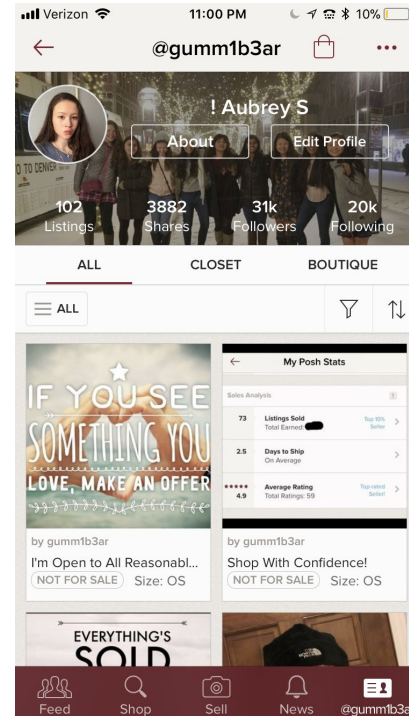


YOUR  
CLOTHES

- ❖ This was the hardest part to me, because I had a sentimental attachment to some of my clothes
- ❖ I did not realize before watching today's video that the reason it was so hard for me to get rid of some of my clothes was because I was emotionally attached to them, but after learning more about decluttering, it was easier

# What I Decided to do With What I Decluttered

- ❖ I have an online boutique on a website called Poshmark, where I resell my secondhand clothing/accessories
  - While I did not get a chance to upload what I decluttered today, I will do so in the next few days
- ❖ I donated some clothing that would be difficult for me to sell online to my local Goodwill, so that someone else can enjoy them



# What I Learned From This Challenge



- ❖ I don't think most people realize how attached they are to their stuff, even if it has no practical purpose
- ❖ I was attached to some of my clothes, like a dress I wore to a wedding, or a blouse my grandmother gave me, but I realized that I don't need these items if they aren't being used
- ❖ I would like to thank PGC for informing me about our attachments to tangible items and for giving me this opportunity to clear out my closet!