

GREENER

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Think

The way we journey through our lives all comes back to mindset. If you think you can accomplish something, you can! If you think you are a changemaker, you are! If you lead with intention and purpose – your actions will be far-reaching and powerful. It's all in how you see yourself.

Challenge

All ripples begin with that single pebble – and you *are* that pebble. Friends, family, your community have been watching and maybe even participating in your PGC journey. You've started a ripple and now it's time to capture the impact. Today is about being an inspiration for change *and* witnessing the process.

- **Recruit 3 friends or classmates (not your teammates!). Ask each of them to start their own PGC ripple in the next 24 hours. It can be anything that will contribute to a more sustainable lifestyle, campus or community. *Big or small – what matters is that they take an action and move forward.* Ask each of them to send you a photo of their ripple in action. Caption each of the photos telling us about their ripple and impact.**

SUBMITTED AT: 6:30 pm ET 27 October 2018

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Sustainable Event Hosting: Molly F.

Molly was hosting a Halloween party this weekend, and I asked her to show me some way in which she was making the event more sustainable! She sent me this photo of her borrowing 150 reusable plates and glasses from *Plate Club* (an on-campus organisation which loans out reusable dishware) to avoid producing waste at the party. As a result of Molly's dedication to make sustainable choices, 150 peoples' waste will be avoided, and all will be more aware of how easy it is to go waste-less and enjoy yourself.



Eating Vegetarian: Andy L..

I asked Andy if he would share something he did today to be environmentally conscientious, and he sent me a photo of his lunch: a vegetarian meal in a reusable lunch container rather than in a disposable one. Andy had the choice of many meat-containing meals, and instead he opted for the vegetarian option, a choice which (I'm sure) was noted by all those sitting around him in the cafeteria.

Natural Mindfulness: Andres D.L..

Andres accepted my challenge to be mindful in nature, and he sent me this photo of a chestnut tree beside the library on our campus. If anyone noticed him slowing down to stop and admire the tree today on campus, hopefully they realised the natural beauty all around us.

