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## RIPPLE

### *First friend: Lorena Cárdenas*



Lorena is the sister of one of Valhalla's members, she has been accompanying the process during this month. He learned to treat food so it would not be damaged and wasted. The photos show how he changed from storing fruits and vegetables in outdoor bags where they are damaged very quickly to storage in containers in the fridge and using the necessary amount.

### *Second friend: Santiago Chacón and his girlfriend*

Santiago is a colleague of the University, he and his girlfriend decided to help us with our idea of sharing or exchanging things that we no longer use among the university community. In the photos they collected all the books and clothes that they no longer use and are in good condition, classified and ordered to put it on sale (books) and give (clothing) to people who need it.



### *Third friend: Camilo Esquivel*



Camilo is a friend who lives with us, he uses several products for his body but he decided to change the spray deodorant that is not friendly to the environment, and his favorite shampoo because he witnessed the research we did on the damage to the environment and to the body of some brands of cleaning products. The photos show how Camilo threw away his old products and from today he is trying out some more friendly with the environment and safer for his body and health.



*We were very satisfied with the impact that our research and work had on our friends and family, we hope to share all we have learned to many other people, to change the world little by little all together.*