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DATE of study break (Non- GMO Potluck): October 26, 2018

Text:



When the evening came I Chrome casted the video onto the TV and set up all the snacks on the coffee table so we could start munching as we watched:

I provided USDA Organic Seaweed Snacks from Kirkland brand, Trader Joe's Corn BB salsa (Non-GMO), Organic Corncakes by Sondey.

Johnny brought Trader Joe's Pumpkin- edition Biscotti for desert.

Tony brought organic trail mix and mixed vegetable chips from the local Albert Heijn.

Seaweed snack are always a hit and these ones were no exception with the perfect balance of kelpiness and saltiness (bonus: super high in Iodine). They are conveniently sold in bulk and are super affordable, however I do dislike the amount of plastic they use in their packaging.

The corn salsa was also popular, though on the spicier side for most people.

My favorite staple were definitely the corn cakes though; Most versatile for any topping, super cheap at 70c/ 14 pieces, minimal plastic waste and highly addictive for some reason.

The Pumpkin Biscotti were agreed to be 100% delish especially if you love pumpkin spice, could pair well with tea. Going to be getting these every fall.

The trail mix was nice however the ratio was a bit strange and wasn't worth the outrageous price of organic nuts here in the Netherlands. Tony said he wouldn't buy it again but it was worth trying them. The vegetable chips on the other hand, despite being deep fried were fairly light and bursting with flavour. 10/10 would recommend.

Our first shared thoughts were that we hadn't even considered the low number of farmers in the US today.

Jeff: "Wow! I had no idea there was this much of a decrease in biodiversity!" And I could agree because from what I've studied in biology, any sort of genetic modification could risk messing up a species, ruining the variation thus making them more susceptible to disease and dying out.

Leila: "I knew Monsanto was both economically and environmentally undermining what organic farmers worked so hard for."

Personally, I think the lack of certification of all these practices is pretty ridiculous and to stay on the safe side, I'll always buy organic. My friends agreed wholeheartedly with where I stand and also told me they'd commit to paying a tiny bit more for a Non- GMO product than risk the environment and human health.

In school, we could use technology and spread the message through snapchat (posting our snacks and list the harm GMOs have caused) or we could tell our classmates in person at lunch. Rather than tearing down their favorite, non- certified snacks, we could offer alternatives that we have found. Hopefully, with an open- minded school atmosphere comes a simple and willing switch to help make our campus greener.







IG POST:

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tni_pgc



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tni_pgc Our Non- GMO meetup was a hit! We gathered a bunch of different brands of non- gmo snacks and enjoyed them while we got educated about why gmos and seed patents are so destructive. The video even motivated my friends to help me promote non- gmos at school and we're considering starting a campus garden together! @nongmoproject @turninggreenorg #nongmo #pgc2018

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