Greener Day 3

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Conversations with 2 people. Who did you interact with? What did they say? How did they react?

I was surprised in myself with the amount of waste I created today. It wasn't as much as I thought. Although it has only been one day, so I'm going to continue this challenge through out the next few days. It's a great way to start conversation and it's a great way to see my progress and how I can do better.

My first conversation was with my friend DJ. He was confused and asked why I would hold onto my trash all day. He asked what's the point when you're going to throw it away at the end of the day anyways. My answers to him was, first, to bring awareness to him and myself. I got him to ask me questions about it without even bringing it up, just because I was carrying a bag of my trash. And second, to see how I can improve and how much I can recycle.

Another conversation I had was with my girlfriend Phoebe. She was impressed in the amount I had in there. I did tell her that I ate at our cafeteria twice today, so I had minimal trash. She was also happy that I was bring awareness to people, even if they didn't ask any questions about it. She asked if I liked this challenge. I said absolutely because I can see firsthand my affect on Mother Earth. She asked if I thought others would participate I this activity. My response was that I believe so. It's an easy way to make improvements on our daily lifestyle.

A photo of everything you collected at the end of your day, separated into recyclables, non-recyclables and food waste/compost. Check out your local guidelines for recycling to make sure you properly sort items.

The two items I'm going to choose is a dinner cloth and another reusable bottle. The cloth will reduce my napkin use down from 15+ napkins a day to 0 napkins a day. And the other reusable bottle will be used for pops and juices, so I have one for water and one for flavored drinks. That way I can get it from the fountain instead of buying a plastic pop bottle.