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SCHOOL: Nigeria Maritime University, Okerenkoko.

CHALLENGEDAY: Day16

CHALLENGELEVEL: Greener

WELLNESS

Dear Dad,

Dad I'm really happy to share this beautiful feeling of mine about you. I would call this letter, "a letter of gratitude" to you. Your personality has amazed me so much that I can not find the perfect phrase to describe you. I remember the times you use call me and tell me that my younger brothers are my responsibility, which made me more cautious of their behaviors. You also thought me to be the bible people read, and to also be a man of humility and substance. You never got tired of advising me. I also remember the times when I and my siblings would be about to return back to school, and you'd tell us to represent you and God through our ways, knowing that that is the right thing to do. The most stunning of all times, where when you endured the grief and pains mummy caused you through her actions but nevertheless, you always forgave her. I love mummy much as I love you, but your qualities are extraordinary and like that of a true leader. I know how you struggle to provide for I and my siblings no matter how hard the economy of our country is. That is called "sacrifice," which I know never fails. The most memorable time I always remember, is when you listen to my advice about the love of our home despite my age, and the need for us to stand firm in God and in love as a family.

I never knew I would write something like this so soon, but a program I signed up for to make the world better place, challenged me to show a sign of gratitude and love. I decided to write to you because I hope to be a father and a leader someday. Daddy, you are a man of substance, you are my hero, you are my model. Thanks for the love and sacrifice. I love you!

Yours lovely,

Ebubechukwu.

After I had shared the letter to my Dad via mail, I got a response of what I would call "a beautiful happiness." It was something extraordinary. He told me how much he loved me and how much more he expects from, still pouring bountiful blessings while reminding me that my siblings are my responsibility too, as their eldest.

After this challenge, I felt an inner peace, a kind of inner balance between my mental and emotional health. I felt inner Wellness. This challenge, was indeed a successful experiment of gratitude. It's so beautiful to be part of this wonderful challenge because it has given me something extraordinary today. Thank you PGC!

