

Theme	Grade	Current Performance	Improvements that can be Made
Food	B	<p>We gave our school a B for food because we currently have a very good food program that helps provide food for everyone who needs it. At our school they serve both breakfast and lunch to people who need it. Our school currently works with Chartwells, which is the company that helps provide the meals for our school. Along with that there are restrictions as to what is served and what can be brought to school to respect food practices of certain religions and protect those with severe allergies. The restrictions that are imposed in our school's lunches include not serving any pork meat and also having no peanuts or tree-nuts in them. However, for those who bring home lunch, it is strongly recommended that they do not bring any snacks or food items that contain peanuts or tree-nuts. Along with food from the cafeteria, there is food that can be purchased from vending machines around our schools which mainly contain junk foods.</p>	<p>We noticed that a lot of the food served are frozen foods that are heated up at the school. Along with that the vegetables and fruits are usually canned. This means that not a lot of the food served at our school is fresh. Also, the foods in the vending machines at our school do not contain very healthy options either. That is why we think that by creating a school garden, more fresh fruits and vegetables could be served at our school for lunch. Since the school may not want to manage a school garden if the idea of a school garden is approved, we thought that a gardening club could be started at our school to help manage it. To help solve the problem of junk foods in the vending machines, we thought a good solution could be to redirect the money used for the current snacks in the vending machines to buy healthier snacks.</p>
Food Waste	B-	<p>We gave our school a B- for food waste because a lot of the fruits and vegetables people get at lunch are thrown away at our school. Along with that, sometimes foods other than fruits and vegetables are thrown away when not finished, contributing more to the food waste produced at our school. However, our school has a good system for sorting trash and recycling, making it really easy to know where things go.</p>	<p>Although we cannot do anything about the foods that are not fruits or vegetables that are thrown away we can create a school composting program that could help reduce the food waste of vegetables and fruits at our school. To do this the school would first have to purchase more trash cans to put in the lunchroom and add a label with things that can be composted like the uneaten fruit and vegetables. In order to help collect the compost, we could work with Vierkant Disposal which is a garbage disposal company that works with our city, Edina, and</p>

			<p>collects compost from residents of the city currently. By working with Vierkant Disposal, our compost would just be collected on the same day our school's regular trash and recycling gets picked up. Another way our compost could be used is by starting a school garden.</p>
Water	B	<p>We gave our school a B for water because our school has multiple water fountains placed around the school with the water refilling function so students can refill their reusable water bottles up more easily. This helps lower the use of plastic water bottles and encourages the use of reusable water bottles. However, some of the vending machines in the school, cafeteria, and cafe all sell water in plastic bottles. Along with that all of the bathrooms have functioning sinks and toilets that also use lots of water.</p>	<p>The main improvement we think should be made to water is in the plastic water bottles sold at our school. Our solution to this is to create a campus initiative to encourage all students to bring reusable water bottles to school instead of buying plastic water bottles because once thrown out will cause a lot of environmental problems and damages. However, it is inevitable that people will still want to buy water from the school or vending machines. Thus we will try to get our school to use the money used for buying water in plastic bottles to be used for buying water that is more environmentally packaged, such as boxed water.</p>
Biodiversity	A	<p>We gave our school an A in biodiversity because it is located in a neighborhood full of various species of trees and plants as well as lots of grass. On one side of our school there is even a small forest. If you drive around the neighborhood where our high school is located there are multiple lakes and parks with animals like fish, squirrels, rabbits, birds, many different kinds of insects, and many more animals. A lot of this nature can be seen from the large floor to ceiling windows in the common spaces, cafeteria and library of our school. There are also many classrooms that have big windows that allow you to look</p>	<p>We do not think that there needs to be any improvements that need to be made for biodiversity by our school. There is already a lot of biodiversity around our school so the only thing we could do to improve the biodiversity is plant more trees, flowers, or other plants on campus where there is space. This can be done through our school's environmental club Project Earth at our school which has already done some tree planting this year although not near or on school grounds.</p>

		outside well.	
Wellness	A-	<p>We gave our school an A- in wellness because there is a lot of support given at our school and that students can take advantage of. Those resources include 10 school counselors to talk about school concerns or issues, four social workers for more personal/family concerns or issues, a chemical help program for those struggling with drug use like vaping, and three school psychologists who help create safe, healthy, and supportive learning environments at school. Along with that, our school often reminds students to practice good habits like mindfulness, getting good sleep, eating well, etc. which result in a better mental health. In addition to that, specifically this year, our school partnered with Fraser mental health services to provide students with teletherapy.</p>	<p>An improvement that could be made is the accessibility surrounding all of these resources. We usually have to book an appointment and leave class in order to meet with our counselors or social workers which is discouraging for many students. There are also walk-in hours during lunch periods but it is also very unlikely for students to miss out on lunch, which is 30 minutes, to meet with their counselors. Also, a lot of the information is only relayed to us at the beginning of the school year during advisory, which is only once a week. To help increase accessibility for these meetings with counselors or social workers, especially for more busy students or students who do not have a student prep, a potential solution is to create more appointment slots before and after school depending on each counselor or social worker's schedule.</p>

Works Cited:

<https://ehs.edinaschools.org/>
<https://ehs.edinaschools.org/support/student-services>
<https://www.edinaschools.org/abouteps/departments/health-and-wellness/wellness>
<https://www.edinamn.gov/232/Garbage>
<https://www.vierkantdisposal.com/go-green-edina-organics>
<https://www.edinaschools.org/abouteps/departments/food-and-nutrition-services>



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REPORT CARD
EDINA HIGH SCHOOL CAMPUS

THEMES	GRADE
Food	B
Food Waste	B-
Water	B
Biodiversity	A
Wellness	A-

Notes:
The overall performance of our school is pretty good. However, there were specific areas within each theme that we believed could be improved. For example, for food, we want to create a gardening club to help start a school garden to provide more fresh fruits and vegetables in our cafeteria. Along with that, we want to redirect the money used for buying junk foods for our school's vending machines to buy healthy snacks that still taste good to replace the junk food. This will help promote better health and more environmentally friendly practices.



teamraes_pgc We chose to grade our school on the themes food, food waste, water, biodiversity, and wellness. Our school ended up with pretty good results.



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